

## *Touching All Bases in Preparing for Retirement*

This is a series of four DVDs presented by Marie Ardito, who is well known throughout the Commonwealth for her retirement seminars. These DVDs will help you make sure you are prepared for retirement by touching all four bases. The four DVDs total approximately seven hours and forty-five minutes in length and are very comprehensive. DVD One is pertinent to any person approaching retirement. Most of the information on DVDs Two and Four also apply to the general public who look forward to retiring. DVD Three is applicable only to those retiring under a public pension in MA and are in Group One (those public employees who are not police, fire, state police and some safety groups).

### *First Base 115 Min.*

**Need for Preparation**  
**What Retirement Means to Me**  
**Self Knowledge-Self Esteem**  
**How Do I Deal with Change**  
**Person of Me**  
**Goal Setting**  
**Positive Thinking**  
**Need for Variety**  
**Daily Living – Other Person in My Life**  
**Spirituality**

### *Third Base 110 Min.*

**Understanding MA Retirement Systems**  
**Eligibility for Retirement**  
**Forms Needed for Retiring**  
**Creditable Service**  
**Age Factor (Benefit Factor)**  
**FAS (ROC)**  
**Retirement Plus**  
**Factoring Pension**  
**Options from Which to Select**  
**Case Studies**

### *Second Base 105 Min.*

**Practical Financial Considerations**  
**A Few Money Suggestions**  
**Protecting Assets**  
**Legal Checklist**  
**Working in Retirement**  
**To Move or Not to Move**  
**State Tax Structure**  
**COLA**  
**Need to Supplement Pension**

### *Home Plate 117 Min.*

**Health Issues**  
**Sandwich Generation**  
     **The Kids – Empty Nest Syndrome**  
         **Boomerang Kids**  
     **The Older Generation**  
         **Living Independently**  
         **Caregiver, Advocate**  
**Health Insurance**  
**Medicare**  
**Social Security**

**The DVD's are \$19.99 each, or the complete set may be purchased for \$60. They may be purchased at a seminar or by mail. Fill out the form below and send the form and check to Marie Ardito at 2 Edsel Dr. Burlington, MA 01803. Please make checks payable to Marie Ardito. Send no cash through the mail.**

<b>Name</b>			
<b>Address</b>			
<b>City</b>		<b>State</b>	<b>Zip</b>
<b>Item</b>	<b>Unit price</b>	<b>Quantity</b>	<b>Subtotal</b>
<b>Complete Set</b>	<b>\$60.00</b>		
<b>First Base</b>	<b>\$19.99</b>		
<b>Second Base</b>	<b>\$19.99</b>		
<b>Third Base</b>	<b>\$19.99</b>		
<b>Home Plate</b>	<b>\$19.99</b>		
<b>Total Cost</b>			